PLANT FACT SHEET

Guyonia sylvestris (Jacq.-Fel.) Ver.-Lib. & R.D.Stone

GENUS *Guyonia* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb or small shrub.

HABITAT

A tropical plant.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 75 (As Dissotis sylvestris)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 205 (As Dissotis sylvestris)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e49a1b47-0e4e-48ea-a596-94966e58ab98