PLANT FACT SHEET

Baccharoides guineensis (Benth.) H. Rob.

GENUS *Baccharoides* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Roots, Tubers

DESCRIPTION

A shrub.

HABITAT

It is a tropical plant.

REFERENCES

Fongnzossie Fedoung, E., et al, 2020, Wild edible plants and mushrooms of the Bamenda Highlands in Cameroon: ethnobotanical assessment and potentials for enhancing food security. Journal of Ethnobiology and Ethnomedicine 16:12 (As Vernonia guineensis)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e4c353e5-7bf5-4a66-b430-9bb241d7ad26