PLANT FACT SHEET

Vahadenia laurentii (De Wild.) Stapf

GENUS *Vahadenia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The fruit pulp is eaten raw.
The seeds are eaten roasted.

DESCRIPTION

A creeper or vine. It grows 50 m long. The stem can be 65 cm around.

HABITAT

A tropical plant. It grows in the forest in West Africa, often near rivers.

PRODUCTION

Harvesting and Seed Production

Fruit production is seasonal. In Central African Republic plants fruit in July, August, November and December.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e4cfbd12-f3f7-4ec9-a4c1-e319f3ddff9e