PLANT FACT SHEET

Potentilla peduncularis D. Don

GENUS *Potentilla* **FAMILY** Rosaceae

COMMON NAMES East Himalayan Cinquefoil

EDIBLE PARTS AND USES

Edible parts: Rhizome

The rhizomes are edible and also chewed as a mouth freshener.

DESCRIPTION

A herb. It keeps growing from year to year. It has a rhizome. The leaves at the root are 2.5-25 cm long. The leaves have pairs of leaflets. The end leaflets is oval. The flowering stems are 10-35 cm tall. The flowers are 1-3.5 cm across. The petals are yellow.

HABITAT

It is a temperate plant. In Sikkim it grows between 3,000-4,500 m above sea level.

REFERENCES

Tsering, J., et al, 2017, Ethnobotanical appraisal on wild edible plants used by the Monpa community of Arunchal Pradesh. Indian Journal of Traditional Knowledge. Vol 16(4), October 2017, pp 626-637

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e4d0258e-dc99-4663-81c1-434d6b5b185e