PLANT FACT SHEET

Thymus mongolicus (Ronniger) Ronniger

GENUS *Thymus* **FAMILY** Lamiaceae

COMMON NAMES Plateau thyme

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Leaves - tea

DESCRIPTION

A herb that lies along the ground. It keeps growing from year to year. It forms roots at the nodes. The erect stems are 2-7 cm high and narrow. They are 1 mm across. They have white hairs. The leaves are narrowly oval. It is 4-10 mm long by 2-5 mm wide. The flowers are rose-purple. They are in clusters near the ends of branches. There are 6-10 flowers in a ring.

HABITAT

A temperate plant. It grows in north-western China. It grows in grassland on arid plateau areas. It grows between 1,100-3,600 m above sea level.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 656

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e5216053-7771-443c-8394-73f7ccc84300