PLANT FACT SHEET

Rhizophora mucronata Lam.

GENUS *Rhizophora* **FAMILY** Rhizophoraceae

COMMON NAMES Black Mangrove, Asiatic mangrove, Red mangrove

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Coffee

The fruit are eaten raw. The juice is made into wine.
The young shoots are cooked and eaten.

DESCRIPTION

A medium sized tree. It grows to 30 m high and spreads to 3 m across. The stem is erect and branching. It has branched stilt roots. The leaves are leathery, oblong and shiny. The tip of the leaf ends in a slender thorn like extension of the midrib. Leaves are 10 cm long. The flower stalks are among the leaves and as long as the leaf stalks. Flowers are small. The leaf stalks are white to cream. The fruit are pear shaped and brown with a brown rough surface with glands. The hypocotyl is long and cylindrical. It is 20-40 cm long and 1.5-2 cm wide.

HABITAT

A tropical plant. It grows well in brackish and salt water swamp areas. It needs an open sunny position. It is damaged by drought and frost. They are common in mangrove swamps throughout the Philippines.

PRODUCTION

Cultivation

Plants can be grown from seed.

PICTURES



Credit: Food Plants International (Bruce French)

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