PLANT FACT SHEET

Pinus ponderosa Douglas ex C. Lawson

GENUS *Pinus* **FAMILY** Pinaceae

COMMON NAMES Ponderosa pine, Yellow pine

EDIBLE PARTS AND USES

Edible parts: Seeds, Nuts, Sap

The soft layer under the bark is used to extract sap.
The green cones are partly roasted and the seeds eaten.

DESCRIPTION

A large tree. It can be 70 m tall. The needles are in threes.

HABITAT

It is a temperate plant. Arboretum Tasmania.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e5500fb3-52b8-47b5-adaa-6df6189fc3c5