PLANT FACT SHEET

Staphylea holocarpa Hemsl.

GENUS *Staphylea* **FAMILY** Staphyleaceae

DESCRIPTION

A shrub or small tree. It grows 3-5 m tall. The leaves have 3 leaflets. The side leaflets are almost without stalks. The leaflets are oblong and 5-10 cm long. They are hairy underneath. The flowers are white or red. The fruit capsule is inflated or pear shaped. It is 4-5 cm long by 3 cm wide. The seeds are shiny brown.

HABITAT

It is a temperate plant. It grows in open forest on hillsides between 1,200-2,200 m above sea level. In Sichuan and Yunnan.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

Kang, Y., et al, 2014, Wild food plants used by the Tibetans of Gongba Valley (Zouqu country, Gansu, China) Journal of Ethnobiology and Ethnomedicine 10:20

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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