PLANT FACT SHEET

Urtica gracilis Aiton

GENUS *Urtica* **FAMILY** Urticaceae

COMMON NAMES Slender nettle

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 50-200 cm high. The leaves are opposite and simple. They are narrowly sword shaped and have coarse teeth. They have stinging hairs. The flowers are small and green. They occur as many together in branched clusters. The male and female flowers can be on one plant or separate plants. The fruit are small and flattened.

HABITAT

It grows in damp soils and waste places.

REFERENCES

Cormack, R. G. H., 1967, Wild Flowers of Alberta. Commercial Printers Edmonton, Canada. p 67

Elias, T.S. & Dykeman P.A., 1990, Edible Wild Plants. A North American Field guide. Sterling, New York p 79

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e5afc1ef-afd3-497e-8bc1-dd359c89cb68