PLANT FACT SHEET

Actephila excelsa (Dalzell) Muell.-Arg.

GENUS *Actephila* **FAMILY** Phyllanthaceae

COMMON NAMES Lambonan

EDIBLE PARTS AND USES

Edible parts: Leaves - drink, Tea, Seeds

The mature seeds are roasted and eaten.

DESCRIPTION

A shrub or small tree. It grows 1-4 m tall. The branches are angular and softly hairy. The leaves are alternate, The leaves are broadly sword shaped. They taper to the tip and are wedge shaped at the base. They are 8-20 cm long by 3-4 cm wide. They are paler underneath. The middle vein is raised on both surfaces. There are 9-12 pairs of side veins. The flowering shoots have several male flowers and one female flower. The fruit have 3 lobes. They are a flattened round shape and 2.5 cm across. The seeds are 3 angled and about 1 cm long.

HABITAT

It is a tropical plant. In southern China it grows on limestone slopes between 100-1,500 m above sea level. In Yunnan.

NOTES

Also put in the family Euphorbiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e5c54a71-dcb3-492f-96c7-4dd0f4fc6e1d