PLANT FACT SHEET

Thymus zygis subsp. gracilis (Boiss.) R. Morales

GENUS *Thymus* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: shoots

The flowering shoots are used for flavouring.

DESCRIPTION

A herb or small shrub.

HABITAT

It is a Mediterranean climate plant.

NOTES

Medicine,

REFERENCES

Benitez, G., et al, 2023, Wild Edible Plants of Andalusia: Traditional Uses and Potential of Eating Wild in a Highly Diverse Region. Plants 2023, 12, 1218 p 22

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e5e5fffd-9f3e-43bd-880f-03832dcd8e73