PLANT FACT SHEET

Lycianthes synanthera (Sendtn.) Bitter

GENUS *Lycianthes* **FAMILY** Solanaceae

COMMON NAMES Chomte

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used in soups, stews and as a pot herb.

DESCRIPTION

A shrub. It grows 3 m tall. The leaves are oval and taper to both ends. The flowers are yellowish-green and purple inside. The fruit are green.

HABITAT

It is a tropical plant. It grows from sea level to 900 m altitude. It suits the wet tropics.

NOTES

It is high in protein.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e5f8ba18-7376-411a-81d2-074c42c05a53