PLANT FACT SHEET

Geigeria schinzii O. Hoffm.

GENUS *Geigeria* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: flower - nectar

The nectar is eaten as a snack.

DESCRIPTION

A herb. It grows 15 cm tall. It grows each year from seed. The leaves are long and narrow and they have spines or teeth along the side. The flowers are yellow.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 34

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e6511964-2ea7-45f3-b877-3baeec5996bc