PLANT FACT SHEET

Opilia campestris Engl.

GENUS *Opilia* **FAMILY** Opiliaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - flavouring, Roots - yeast

The ripe fruit are eaten raw. They are also used for alcoholic drinks.
The leaves are used in relishes and chutneys.
The roots are used as a fermenting agent for alcoholic drinks.

DESCRIPTION

A shrub or small tree. It loses many leaves during the year. It grows 1-5 m high. The younger branches are olive green and have short hairs. The leaves are small and simple. They are alternate in 2 rows. They are olive green and hairy. The flowers have a scent.

HABITAT

It is a tropical plant. It grows between 60-1,450 m above sea level. It is often over limestone parent material. It grows in areas with an annual rainfall or 150-500 mm. It can grow in arid places.

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