PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Sarcolobus globosus Wall.

GENUS *Sarcolobus* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

CAUTION: The plant is poisonous without proper treatment.
The fruit are made into jam. They are taken green, cut open and the young seeds removed. Then they are pickled to remove the latex and washed and placed in salt water for 3 days. They are then boiled with sugar. They are boiled without sugar if they are to be eaten with curry.
The leaves are also eaten with curry.

DESCRIPTION

A small climbing shrub. The stem is tough and woody. It has a thick fleshy rootstock. The leaves are simple and opposite. They are 3-6 cm long by 2-5 cm wide. The flowers are small and starry. They are crowded in groups in the axils of leaves. The fruit are brown follicles 4-5 cm across. There are many flattened seeds.

HABITAT

A tropical plant. It grows along the edge of the mangrove swamp.

NOTES

There are 14 Sarcolobus species. The seeds are used to poison animals.

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