PLANT FACT SHEET

Sambucus pubens Michx.

GENUS *Sambucus* **FAMILY** Viburnaceae

COMMON NAMES American red elder, Eastern red-berry elder, Eastern Red Elderberry

EDIBLE PARTS AND USES

Edible parts: Flowers, Fruit, Roots - tea

The bitter fruit are used for making pies, jelly and wine.
The roots are used for a tea like drinks.

DESCRIPTION

A shrub. It grows 1-3.1 m tall. The leaves have 5-7 leaflets. These taper to the tip. The buds are plump and reddish. The flowers occur in clusters shaped like a pyramid. These appear as the leaves unfold. The fruit are red. They are probably edible but not attractive.

HABITAT

It grows in damp places on the edge of woods.

NOTES

There are about 25 Sambucus species. Also put in the family Sambucaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e68bdf4e-fcd4-4fb7-b95b-77dfad792dea