PLANT FACT SHEET

Gurania lobata (L.) Pruski

GENUS *Gurania* **FAMILY** Cucurbitaceae

COMMON NAMES Frog's foot gourd

EDIBLE PARTS AND USES

Edible parts: Seed, Stem - water

DESCRIPTION

A pumpkin family vine. The leaves are simple and hairy. They have 5 large lobes. The male flowers have lobes 5-14 mm long. The flowers have long oval tubes and are red with yellow centres.

HABITAT

It is a tropical plant. It suits the wet tropics.

REFERENCES

Torre, de la, L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 299 (As Gurania macrophylla & Gurania spinulosa)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e68fbf5a-e7d2-4f5c-a0f7-3c6207223df9