PLANT FACT SHEET

Heterotis decumbens (P. Beauv.) Jacq.-Fel.

GENUS *Heterotis* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A creeping herb.

HABITAT

A tropical plant.

NOTES

There are about 100 Dissotis species. They occur in tropical and subtropical Africa.

REFERENCES

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Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 205 (As Dissotis decumbens)

Nkeoua, G. & Boundzanga, G. C., 1999, Donnees sur les produits forestieres non ligneux en Republique du Congo. FAO. p 25 (As Dissotis decumbens)

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