PLANT FACT SHEET

Silphium laciniatum Linn.

GENUS *Silphium* **FAMILY** Asteraceae

COMMON NAMES Rosinwood, Compass plant

EDIBLE PARTS AND USES

Edible parts: Sap, Flower stalks

The sap from the upper part of the flower stalk is used as a chewing gum.

DESCRIPTION

A daisy family plant. It grows 1.5-3 m high and spreads 0.9-1.2 m wide. It is strongly erect and hairy. The leaves are feather like and 10-40 cm long. They align north/south. The flowers are bright yellow and in clusters. The flower heads are 5 cm wide.

HABITAT

It is a temperate plant. It suits hardiness zones 4-9.

PICTURES



Credit: Food Plants International (Bruce French)

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Sp. pl. 2:919. 1753

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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