PLANT FACT SHEET

Angiopteris palmiformis (Cav.) C. Chr.

GENUS *Angiopteris* **FAMILY** Marattiaceae

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

DESCRIPTION

A fern.

HABITAT

It is a tropical plant.

REFERENCES

Amoroso, V., et al, 2017, Indigenous edible ferns in southern Philippines: Utilization and conservation. Poster China Botanical Congress.

Amoroso, V. B., et al., 2017, Bringing back the Lost Value of Philippine EdibleFerns: Their Antioxidant, Proteins and Utilization. International Journal of Advanced research. 5(4), 757-770

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e6d9faff-5ef5-4952-bdc2-7973ceb6ccab