PLANT FACT SHEET

Synaptolepis alternifolia Oliv.

GENUS *Synaptolepis* **FAMILY** Thymelaeaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Vegetable

The pulp of the ripe fruit is eaten raw as a snack. The seed is discarded.

DESCRIPTION

A shrub or woody climber. it can be 10 m tall. The branches are slender and without hairs. The bark is red-brown. The leaves can be alternate or opposite. They are narrow and oval. The leaves are 4.5 cm long. The tip is pointed and the base narrows to the stalk. The flowers are white or pale yellow. They are in flower heads at the ends of the plant. The fruit are yellow to orange. They are oval and 1-2 cm long.

HABITAT

It is a tropical plant. It grows both in the lowlands and the highlands. In Tanzania it grows between sea level to 1,100 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seed.

Harvesting and Seed Production

Fruit are collected during the rainy season.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e6e72c0a-035d-4d91-a9d7-3ca88b187b25