PLANT FACT SHEET

Corylopsis himalayana Griff.

GENUS *Corylopsis* **FAMILY** Hamamelidaceae

COMMON NAMES Himalayan winter hazel

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten as a vegetable.

DESCRIPTION

A large shrub. It can be 5 m tall. The leaves are 10 cm long by 7 cm wide. The base is heart shaped and they taper to the tip. They are oval and have brown felt underneath. There are fine teeth along the edge. The flowering arrangements are very slender and in groups of 30 flowers. They are 5 cm long. The flowers are pale yellow. The fruit is a capsule 5-6 mm across.

HABITAT

It is a subtropical plant. In NE India it grow in pine forests at higher elevations.

PRODUCTION

Cultivation

Plants can be grown from seed.

REFERENCES

Sawian, J. T., et al, 2007, Wild edible plants of Meghalaya, North-east India. Natural Product Radiance Vol. 6(5): p 415

Wild edible plants of Himachal Pradesh

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e6ed48d7-cf8e-425c-ae2b-43b3a1d393ee