PLANT FACT SHEET

Begonia aborensis Dunn

GENUS *Begonia* **FAMILY** Begoniaceae

EDIBLE PARTS AND USES

Edible parts: leaves

The leaf stalks are eaten raw. They are also chopped and used for chutney.
The leaves are eaten raw or cooked.

DESCRIPTION

A herb. It is succulent and grows 40 cm tall. It has creeping rhizomes. The leaves are simple and alternate. The leaves are 15-20 cm across. The are oval to round and heart shaped at the base. They taper to the tip and have teeth along the edge. The flowers are white and 1-1.5 cm wide and hang down. The fruit capsules are 1.5-2 cm long.

HABITAT

It is a tropical plant. It grows under forests and near streams between 600-800 m above sea level.

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