PLANT FACT SHEET

Aquarius paniculatus (Micheli) Christenh. & Byng

GENUS *Aquarius* **FAMILY** Alismataceae

COMMON NAMES Amazon sword

EDIBLE PARTS AND USES

Edible parts: Root

The starchy root is eaten like arrowroot.

DESCRIPTION

A herb. It grows in water. It grows 3.5 m tall. It has a rhizome 3-4 cm across. The leaves are above water. The leaf blade is narrowly oval and 12.5-27 cm long by 1.4-15 cm wide. The flowering shoots are 40 cm long. The flowers are in 4-8 rings. There are 6-40 flowers in each ring.

HABITAT

It is a tropical plant. It grows in wetlands. In Argentina it grows from sea level to 1,500 m above sea level.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 330 (As Echinodorus paniculatus)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e79f22fb-9a44-4f04-ab69-eee7cfb8cab1