PLANT FACT SHEET

Cissus dinklagei Gilg et M. Brandt

GENUS *Cissus* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stem sap, Vegetable

The sap of the stem is used as a drink.
The leaves are eaten as a vegetable.

DESCRIPTION

A woody creeper. It has tendrils opposite the leaves. The stem is round in cross section and 30 m long. The leaves are alternate and simple. The leaf stalk is 1-4 cm long. The leaf blade is oval and 10 cm long by 6 cm wide. The base is flattened and it tapers to the tip. The flowers are in clusters 4-10 cm long. The flowers have both sexes. They are small and green. The fruit is an oval berry. It is 3 cm long and 2 cm wide. It is red and has one seed. The seed is flattened and oval and 17 mm long.

HABITAT

A tropical plant. It grows in dense evergreen forest.

NOTES

There are about 200-350 Cissus species. There are about 75 species in tropical America.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 180

Harris, D. J., 2002, The vascular plants of the Dzanga-Sangha Reserve, Central African Republic. National Botanic Garden of Belgium, 2002. – 274 pages p 218

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 224

Nkeoua, G. & Boundzanga, G. C., 1999, Donnees sur les produits forestieres non ligneux en Republique du Congo. FAO. p 22

Raponda-Walker, A & Sillans, R., 1961, Les Plantes Utiles du Gabon. Editions Paul Lechevalier, Paris. p 53

Termote, C., et al, 2011, Eating from the wild: Turumbu, Mbole and Bali traditional knowledge of non-cultivated edible plants, District Tshopo, DRCongo, Gen Resourc Crop Evol. 58:585-618

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e7b18eb9-415a-4537-9a3f-46afcc4b1b34