PLANT FACT SHEET

Xanthophyllum lanceatum (Miq.) J. J. Sm.

GENUS *Xanthophyllum* **FAMILY** Polygalaceae

EDIBLE PARTS AND USES

Edible parts: Seeds - oil

The oil from the seed is used in preparing food.

DESCRIPTION

A shrub or small tree. It grows 3-12 m tall. The trunk can be 18-20 cm across.

HABITAT

It is a tropical plant. It grows along streams and in swamps. It grows in lowland rainforests up to 500 m above sea level.

NOTES

Also put in the Xanthophyllaceae family.

REFERENCES

Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/

Khumgratok, S., Edible Plants in Cultural Forests of Northeastern Thailand. Mahasarakham University Thailand.

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e7b81958-55d8-44c9-a84e-489b312425be