PLANT FACT SHEET

Centrosema plumieri (Turpin ex Pers.) Benth.

GENUS *Centrosema* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Young seed pods

DESCRIPTION

A vine. It is twining. It grows 5 m long. The stems are smooth, cylinder shaped and green. The leaves are alternate and have 3 leaflets. The leaflets are 4-11 cm long by 3-8 cm wide. The edges are wavy. The upper surfaces are shiny and sunken over the veins. The lower surfaces are dull and hairy. The end leaflet is D shaped. The side leaflets are narrowly oval. The leaf stalks are 6-10 cm long. The flowers occur singly or in pairs in axils near the ends of branches. They are at the end of long stalks. They are pink to red. The pods is flattened and narrow. They are 10-15 cm long by 1 cm wide. There is a long tip at the end. The edges are thickened.

HABITAT

It is a tropical plant. It grows at lower altitudes in moist locations.

REFERENCES

Achigan-Dako, E, et al (Eds), 2009, Catalogue of Traditional Vegetables in Benin. International Foundation for Science.
Kew Plants of the World Online

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e7d31f85-463c-4d84-bc1d-ebd4961ff4d0