PLANT FACT SHEET

Satureja punctata (Benth.) Briq.

GENUS *Satureja* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves and flowers are used to improve the quality of milk.

DESCRIPTION

A shrub.

HABITAT

It is a tropical plant.

REFERENCES

Lulekal, E., et al, 2011, Wild edible plants in Ethiopia: a review on their potential to combat food insecurity. Afrika Focus - Vol. 24, No 2. pp 71-121

Regassa, T., et al, 2014, Ethnobotany of Wild and Semi-Wild Edible Plants of Chelia District, West-Central Ethiopia. Science, Technology and Arts Research Journal. 3(4): 122-134

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e822a05c-73fb-4745-9200-56f9268328e7