PLANT FACT SHEET

Chaptalia nutans (L.) Polak

GENUS *Chaptalia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a chicory.

DESCRIPTION

A herb. It keeps growing from year to year. The leaves are in rings. They are broadly sword shaped with leaflets along the side. They are 5-20 cm long by 6 cm wide.

HABITAT

It is a temperate plant.

REFERENCES

Malezas Comestibles del Cono Sur, INTA, 2009, Buernos Aires

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e83d558a-9cf7-4dff-a093-f8155c1806fe