PLANT FACT SHEET

Berula erecta (Huds.) Coville

GENUS *Berula* **FAMILY** Apiaceae

COMMON NAMES Water parsnip, Petrol bush

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked. They are often cooked with onion.
Caution: They are poisonous uncooked.

DESCRIPTION

A feather-like herb. It is a creeping plant. It grows 30 cm high. It keeps growing from year to year. The runners form roots in mud. The stems are hollow. The flowers are white and in small heads.

HABITAT

It is a temperate plant. It grows in moist to wet soils. It grows in ditches and near canals. It can grow in light shade or full sun. It is damaged by frost. In western China it grow up to 1,500 m above sea level.

NOTES

It is used in medicine.
There is only one Berula species.

REFERENCES

Contr. U.S. Natl. Herb. 4:115. 1893

Dogan, A., et al, 2014, A review of edible plants on the Turkish Apiaceae species. J. Fac. Pharm. Istanbul, 44(2) pp 251-262

Dogan, Y., 2012, Traditionally used wild edible greens in the Aegean Region of Turkey. Acta Societatis Botanicorum Poloniae 81(4): 329-342

Dogan, Y. et al, 2013, Wild Edible Plants sold in the Local Markets of Izmir, Turkey. Pak. J. Bot. 45(S1): 177-184

Ertug, F., 2000, An Ethnobotanical Study in Central Anatolia (Turkey). Economic Botany Vol. 54. No. 2. pp. 155-182

Ertug, F., 2004, Wild Edible Plants of the Bodrum Area. (Mugla, Turkey). Turk. J. Bot. 28 (2004): 161-174

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

Romanowski, N., 2007, Edible Water Gardens. Hyland House. p 104

Simkova, K. et al, 2014, Ethnobotanical review of wild edible plants used in the Czech Republic. Journal of Applied Botany and Food Quality 88, 49-67

Swaziland's Flora Database http://www.sntc.org.sz/flora

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e847dae6-27c5-47b1-9648-fb3a2a501113