PLANT FACT SHEET

Zilla spinosa subsp. spinosa Forsk.

GENUS *Zilla* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled and eaten.

DESCRIPTION

A cabbage family herb.

HABITAT

It grows in the desert.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 704 (As Zilla myagroides)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e84c3bcd-91f8-44d6-b9b5-33ca10419315