PLANT FACT SHEET

Saururus chinensis (Lour.) Baill.

GENUS *Saururus* **FAMILY** Saururaceae

COMMON NAMES Ham-ech, Chinese lizard's tail

EDIBLE PARTS AND USES

Edible parts: Rhizomes, Root

The rhizomes/tubers are boiled and eaten.

DESCRIPTION

A herb. It grows up to 1 m tall. It is often 30-40 cm high. The leaves are oval and pale green. They are 10-13 cm long. The flowers are naked and along a stalk. They are creamy white.

HABITAT

It grows in bogs. In China it grows between 100-1,700 m altitude.

PRODUCTION

Cultivation

Plants can be grown by seed or division.

NOTES

There are 2 Saururus species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e855511a-b396-45fc-abcb-c46a7fc9766a