PLANT FACT SHEET

Orbea maculata (N. E. Br.) L. C. Leach

GENUS *Orbea* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The leaves are eaten. They have a lettuce flavour.

DESCRIPTION

A succulent plant. It forms clumps up to 10 cm across. It has underground rhizomes or runners. The stems are slender and 4-10 cm long. The flowers are greenish-yellow with purple-red dots.

HABITAT

It is a tropical plant.

REFERENCES

http://www.plantzafrica.com/plantnop/orbea/htm

Spotlight on Agriculture January 2010 Traditional Uses of Selected Members of the Apocynaceae family in Namibia.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e896b691-1e7c-4a26-804d-4bc5ea874a5b