PLANT FACT SHEET

Ambrosia trifida L.

GENUS *Ambrosia* **FAMILY** Asteraceae

COMMON NAMES Great ragweed

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A herb. It grows each year from seed. It grows 60 cm to 1.5 m tall. The leaves are 20 cm long and have 3 lobes divided like fingers on a hand.

HABITAT

It is a temperate plant. It grows in disturbed sites and damp soils below 1,600 m above sea level.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 55

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 337

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 26

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e897026f-8b9f-4876-80a8-86e54bfed9f4