PLANT FACT SHEET

Prangos pabularia Lindl.

GENUS *Prangos* **FAMILY** Apiaceae

COMMON NAMES Prangos

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a spice in cheese.
They are also cooked as a meal.

DESCRIPTION

A herb. It grows 1 m tall. It keeps growing from year to year. The leaves have 4-6 leaflets along the stalk. The segments are narrow and 1-3 cm long. The flowers are yellow. The fruit are oblong and 1-2 cm long.

HABITAT

It is a subtropical plant. It grows between 2,100-3,300 m above sea level in the Himalayas. It grows in stony places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e8d60aef-345c-4901-92b9-24bd83f4fb9e