PLANT FACT SHEET

Cirsium hookerianum Nutt.

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES White thistle, Hooker's thistle

EDIBLE PARTS AND USES

Edible parts: Root, Flower stems

The roots can be eaten raw or cooked with meat.

DESCRIPTION

A herb. It is thistle that keeps growing from year to year. It is a tall sturdy plant and grows 30-90 cm high. The leaves are alternate and narrowly oblong. They can have lobes. They are white and woolly underneath. They are smooth above. They do not have a leaf stalk. They are 10-25 cm long. The flowers are in disks that are white or cream. The bracts are cobwebby, woolly and have spines at the tip. The flower heads can be a few or many. They are 3-4 cm across. The fruit is a dry achene.

HABITAT

It is a temperate plant. It grows in woods and open places.

NOTES

There are about 150-250 Cirsium species. They grow in temperate regions.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e8de3a2c-bdd4-4f15-84b5-16c9c3882354