PLANT FACT SHEET

Plantago boissieri Hausskn. & Bornm.

GENUS *Plantago* **FAMILY** Plantaginaceae

EDIBLE PARTS AND USES

Edible parts: Plant

The plant is used as an additive in the preparation of dried cakes of sour milk.

DESCRIPTION

A herb that doesn't have a stem. It grows each year from seed. It grows 6-20 cm tall. The leaves have fine silky hairs. The leaves are in a ring and narrow. They are 6-12 cm long. The spikes are 3-8 cm long.

HABITAT

It is a Mediterranean plant. It grows in arid places. It is moderately salt tolerance.

REFERENCES

Karim, F. M. & Dakheel, A, J., 2006, Salt-tolerant plants of the United Arab Emirates. 2006. International Center for Biosaline Agriculture, Dubai, UAE. p 139

Mandaville, J. P., 2004, Bedouin ethnobotany: Plant concepts and plant use in a desert pastoral world. PhD thesis University of Arizona. p 170

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e8e3788e-1093-4a2b-99df-36bb5b190ba0