PLANT FACT SHEET

Commicarpus pentandrus (Burch.) Hiemerl

GENUS *Commicarpus* **FAMILY** Nyctaginaceae

COMMON NAMES Vald patats

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

The root is used as a vegetable.

DESCRIPTION

A herb. It has a large rootstock and trailing annual stems. Flowers are funnel shaped and purple. The fruit are sticky and covered with glands.

HABITAT

It is a subtropical plant.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

Youngblood, D., 2004, Identification and Quantification of Edible Plant Foods in the Upper (Nama) Karoo, South Africa. Economic Botany 58 (Supplement) :S43-S65

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e8f84396-c569-41a6-afc4-bca79becdfda