PLANT FACT SHEET

Cyclanthera tenuisepala Cogn.

GENUS *Cyclanthera* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The young fruit and young shoots are cooked and eaten. They are also eaten raw or fermented in milk.

DESCRIPTION

A pumpkin family vine. It is a creeper. The leaves have 3-5 lobes. The leaves are 3-13 cm long by 3-20 cm wide. There are 5-10 seeds.

HABITAT

It is a tropical plant. In Argentina it grows from sea level to 2,000 m above sea level.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 288

Kujawska, M. & Luczaj, L., 2015, Wild Edible Plants Used by the Polish Community in Misiones, Argentina. Human Ecology 43:855-869

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e908ceb1-e974-4f8d-9eec-06cddbd05546