PLANT FACT SHEET

Ferula jaeschkeana Vatke

GENUS *Ferula* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The tender leaves are eaten as a vegetable.

DESCRIPTION

A herb. It grows 1-2 m tall. It has one thick, robust stem. It is reddish brown and the lower branches are alternate while the upper branches are in rings. The leaves are broadly triangle shaped and divided. The leaves on the stems get smaller going upwards. The flowers are in groups 10 cm across. The fruit are narrowly oval and 14-20 mm long by 8-12 mm wide.

HABITAT

It is a subtropical plant. It grows up to 3,600 m above sea level.

REFERENCES

Flora of China.

Singh, J., et al, 2014, Wild Vegetable Plants used by Tribal People of Kinnaur District, Himachal Pradesh, India, Int. J. of Usuf. Mngt. 15 (2): 47-56

Wild edible plants of Himachal Pradesh

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e97c2e40-4a20-4381-9361-a92ace1ff666