PLANT FACT SHEET

Hypochaeris albiflora (Kuntze) Azevedo-Gonc. & Matzenb.

GENUS *Hypochaeris* **FAMILY** Asteraceae

COMMON NAMES White flatweed

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Roots, Flowers - tea

DESCRIPTION

A herb. It grows 40 cm tall. The leaves are in a ring at the base. They are 5-15 cm long by 15-30 mm wide. The flowers are white.

HABITAT

It is a temperate plant.

REFERENCES

Andrare, G. M. M., et al, 2023, Plantas Alimenticias Nao Convencionais (PANC) Nos Levantamentos Etnobotanicos do Brazil. Novos Cadernos NAEA v. 25 No. 2 p 202

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e98cc303-263c-455c-93d4-48eafda2d0d9