PLANT FACT SHEET

Rubus sanctus Schreb.

GENUS *Rubus* **FAMILY** Rosaceae

COMMON NAMES Bramble blackberry, Holy bramble

EDIBLE PARTS AND USES

Edible parts: Fruit, Shoots, Stems

The fruit are used for drinks or jam. They can also be eaten raw.
The peeled shoots are cooked with vegetables.

DESCRIPTION

A shrub. It forms thickets with arching stems. It has stout prickles. The leaves are like hands with 3-5 leaflets. These have teeth. They are dark green above and white and hairy underneath. The flowers can be pink or white. They are 20-32 mm across. They are in large prickly panicles. The fruit are red but become purplish-black when ripe.

HABITAT

It is a Mediterranean plant.

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