PLANT FACT SHEET

Dactylorhiza iberica (M. Bieb. ex Willd.) Soo

GENUS *Dactylorhiza* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Bulb

The bulb or tuber is used to produce sahlep - hot drink with milk. The bulb is powdered.

DESCRIPTION

An orchid.

HABITAT

It is a temperate plant.

REFERENCES

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Dogan, A. & Tuzlaci, E., 2015, Wild Edible Plants of Pertek (Tunceli-Turkey). Marmara Pharmaceutical Journal 19: 126-135

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/e9d76a2e-e635-4292-a9dd-970071b6006c