PLANT FACT SHEET

Cucumis melo var. flexuosus (L.) Naudin

GENUS *Cucumis* **FAMILY** Cucurbitaceae

COMMON NAMES Armenian cucumber, Snake cucumber

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Vegetable

The fruit can be eaten raw. They can be added to salads with salt and vinegar. They are also used in preserves, cooked in curries or pickled.
The seeds are eaten.

DESCRIPTION

A pumpkin family plant. The fruit are many times longer than wide. It is usually furrowed and often curved. They are 20-90 cm long by 3-8 cm wide. They are softly hairy when young.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are about 25 Cucumis species.

REFERENCES

Ann. Sci. Nat. Bot. ser. 4, 11:63. 1859

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 85

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 235

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 697

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 72

Kays, S. J., and Dias, J. C. S., 1995, Common Names of Commercially Cultivated Vegetables of the World in 15 languages. Economic Botany, Vol. 49, No. 2, pp. 115-152

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 1721

Lyle, S., 2006, Discovering fruit and nuts. Land Links. p 167 (As Cucumis flexuosus)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Schneider, E., 2001, Vegetables from Amaranth to Zucchini: The essential reference. HarperCollins. p 239

Sp. pl. ed. 2, 2:1437. 1763 (As Cucumis flexuosus)

USDA, ARS, National Genetic Resources Program. Germplasm Resources Information Network - (GRIN). [Online Database] National Germplasm Resources Laboratory, Beltsville, Maryland. Available: www.ars-grin.gov/cgi-bin/npgs/html/econ.pl (10 April 2000)

Yang, Si-Lin and Walters, T. W., 1992, Ethnobotany and the Economic role of the Cucurbitaceae of China. Economic Botany, Vol. 46, No. 4, pp. 349-367

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ea50ceb3-ad65-409b-ac54-3ca019426919