PLANT FACT SHEET

Emilia marlothiana (O. Hoffm.) C. Jeffrey

GENUS *Emilia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root - flavouring

The roots are put in the sun, crushed and then added to beer for flavour.

DESCRIPTION

A herb. It is hairy. The leaves are egg shaped. There are teeth along the edge. The flower heads are white to yellow. They occur singly on long stalks 10-25 cm long. The flower heads are cylinder shaped and 1 cm across.

HABITAT

It is a tropical plant. It grows in the more humid areas of Namibia.

REFERENCES

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Van Damme, P et al, 1922, Plant Uses by the Topnaar of the Kuiseb Valley Namib Desert. Afrika Focus Vol. 8(3-4):223-252 (As Senecio marlothianus)

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ea6753e3-ef19-4c0e-9d1a-3e54a4cf3a35