PLANT FACT SHEET

Lippia javanica (Burm. f.) Spreng.

GENUS *Lippia* **FAMILY** Verbenaceae

COMMON NAMES Fever tree, Fever tea, Lemon bush

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - flavouring, Leaves - tea, Fruit

The leaves are cooked and eaten as a vegetable. They are also added to curries for flavour.
The leaves are used to make a tea substitute.

DESCRIPTION

A shrub. It has many branches. It grows 4.5 m tall. The leaves are opposite. They are sword shape with rounded teeth along the edge. The leaves have a smell. The flowers are white and in dense round heads. They are in the axils of leaves. The fruit are small and dry.

HABITAT

A tropical plant. In Zimbabwe it grows up to 2,200 m above sea level. It usually grows near rivers and water.

NOTES

The leaves are used in herbal teas.

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