PLANT FACT SHEET

Kohautia cynanchica DC.

GENUS *Kohautia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The plant is eaten raw.

DESCRIPTION

A herb. It is wiry and can grow 60 cm tall. The stems are 4 sided. The leaves are opposite. They are narrow and 5 cm long. The flowers are in loose branched heads. They have a sweet scent.

HABITAT

It is a subtropical plant. It grows in the Kalahari. It grows along dry river courses and wooded grassland. It can grow up to 1,600 m above sea level in Zimbabwe.

REFERENCES

http://aflora.africa.kyoto-u.ac.jp

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eb13a863-4673-4219-9cc2-b1cbf901d062