PLANT FACT SHEET

Aframomum giganteum (Oliv. & D. Hanb.) K.Schum.

GENUS *Aframomum* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Fruit - spice, Flowers - flavouring

The fruit are eaten raw.
The fruit are also cooked and used as a tea substitute drink.
The flowers are cooked and used as a flavouring.

DESCRIPTION

A ginger family plant. It is a herb that keeps growing from year to year. It grows 2 m tall. The leaves are alternate and oblong. They are 30 cm long by 9 cm wide. The flowers are large and pink. The fruit are red berries.

HABITAT

It is a tropical plant. It suits the wet tropics. It grows near the edge of forests.

NOTES

There are about 50 Aframomum species.

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