PLANT FACT SHEET

Angiopteris cochinchinensis de Vriese

GENUS *Angiopteris* **FAMILY** Marattiaceae

COMMON NAMES Tao sen quanam, Ti lai

EDIBLE PARTS AND USES

Edible parts: Root

The starchy root is used as food.

DESCRIPTION

A fern. The fronds are 1-2.5 m long.

HABITAT

It is a tropical plant. It grows in forests in southern China between 900-1,200 m above sea level.

NOTES

An unresolved name in The Plant List.
Also put in the family Angiopteridaceae.

REFERENCES

Ogle, B. M., et al, 2003, Food, Feed or Medicine: The Multiple Functions of Edible Wild Plants in Vietnam. Economic Botany 57(1): 103-117

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eb20c9b8-4acb-467c-aadc-6f48e16d6161