PLANT FACT SHEET

Alnus alnobetula subsp. sinuata (Regel) A. Love & D. Love

GENUS *Alnus* **FAMILY** Betulaceae

COMMON NAMES Sitka alder

EDIBLE PARTS AND USES

Edible parts: Buds, flower, Bark

DESCRIPTION

A shrub. It grows 5 m tall. The leaves are dark green and shiny.

HABITAT

It is a temperate plant.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 151 (As Alnus viridis subsp. sinuata)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/eb45197c-1c90-4d07-abcd-d8cf1733fb74